## 2025/2026 Cape Elizabeth Basketball Offerings



## 7<sup>th</sup> / 8<sup>th</sup> Grade Girls

PROGRAM	Middle School Basketball Program	MHL Club Travel Program
WHAT	One team each for 7 <sup>th</sup> Gr. and 8 <sup>th</sup> Gr.  Assessments and roster size considerations, if necessary	One team each for 7 <sup>th</sup> Gr. and 8 <sup>th</sup> Gr. of 10 players Competitive play in SMHL - Tryouts and requires at least 8 players and a volunteer coach. Game days/locations vary.
WHEN	Mid November - February	November - February
OWNER	CEMS	Cape Hoops
WHERE	CEMS Gym Practices  Games at CEMS and other area MS	Southern Maine Locations
HOW	Sign up with CEMS	Sign up at www.capehoops.org