



# 2025/2026 Cape Elizabeth Basketball Offerings



## 5<sup>th</sup> / 6<sup>th</sup> Grade Girls

PROGRAM	Saturday AM Skill/Drills	CECS Rec Travel Program	MHL Club Travel Program
WHAT	(7) 1.25 hour clinics led by HS Varsity coach/HS players focusing on fundamental basketball skills and rules	Combined 5 <sup>th</sup> /6 <sup>th</sup> Gr. Inclusive rec. basketball league for players of all skill levels. 2 practice/week, Saturday games	One team each for 5 <sup>th</sup> Gr. and 6 <sup>th</sup> Gr. of 10 players Competitive play in MHL - Tryouts and requires at least 8 players and a volunteer coach. Game days/locations vary.
WHEN	November - December	Mid November - Mid February	November - February
OWNER	Community Services	Community Services	Cape Hoops
WHERE	CEHS Gym	Practices in MS Gym Games at Scar. HS / Cape MS	Southern Maine Locations
HOW	Sign up with CECS 	Sign up with CECS 	Sign up at <a href="http://www.capehoops.org">www.capehoops.org</a> 