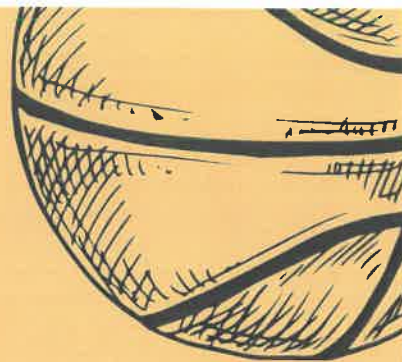


2025/2026 Cape Elizabeth Basketball Offerings



3rd / 4th Grade Girls

PROGRAM	Saturday AM Skill/Drills	CECS Rec Travel Program	MHL Club Travel Program
WHAT	(7) 1.25 hour clinics led by HS Varsity coach and HS players focusing on fundamental basketball skills and rules	Inclusive recreational basketball league for players of all skill levels. 2 practice/week, Sunday morning games	One team of 10 players of competitive play in MHL - Tryouts and min. 8 players and a volunteer coach. Game days/locations vary.
WHEN	November - December	Mid November - January	November - February
OWNER	Community Services	Community Services	Cape Hoops
WHERE	CEHS Gym	Practices in MS Gym Games at Falmouth HS	Southern Maine Locations
HOW	Sign up with CECS 	Sign up with CECS 	Sign up at www.capehoops.org 