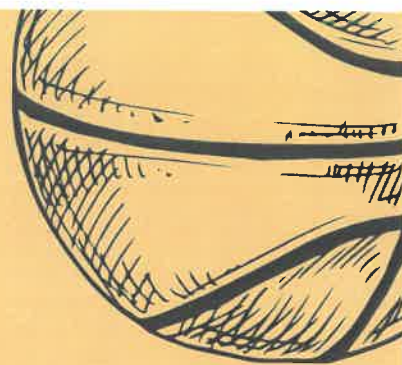



2025/2026 Cape Elizabeth Basketball Offerings



7th / 8th Grade Boys

PROGRAM	Middle School Basketball Program	CECS Rec Travel Program	MHL Club Travel Program
WHAT	<p>One team each for 7th Gr. and 8th Gr.</p> <p>Assessments and roster size considerations, if necessary</p>	<p>Combined 7th / 8th Gr. Inclusive recreational basketball league for players of all skill levels.</p> <p>1 practice/week if needed, Tuesday evening games</p>	<p>One team each for 7th Gr. and 8th Gr. of 10 players</p> <p>Competitive play in MHL - Tryouts and requires at least 8 players and a volunteer coach. Game days/locations vary.</p>
WHEN	Mid November - February	Mid December - February	November - February
OWNER	CEMS	Community Services	Cape Hoops
WHERE	<p>CEMS Gym Practices</p> <p>Games at CEMS and other area MS</p>	<p>Practices in MS Gym</p> <p>Games at South Portland Rec.</p>	Southern Maine Locations
HOW	Sign up with CEMS	<p>Sign up with CECS</p> 	<p>Sign up at www.capehoops.org</p> 