

# Little Cubs Summer Camp Parent Information

---

Summer 2025



Dear Little Cubs Parents,

Welcome to Little Cubs Camp! We are thrilled to plan a fun-filled week for your campers! Preceding each week of camp (on Fridays), I will be sending an email with information explaining everything you need to know and how we can work together to ensure a safe and SUPER fun program this summer. This Information Packet contains the following:

- Daily Schedule
- Pick Up/Drop Off Details
- Daily Packing List
- Swim Lessons
- Sickness Policy
- Toilet Training Policy
- Contact Information

## LITTLE CUBS STAFF

- There will be 3 groups this summer.
- Lead Counselors
  - o Ellen Weaver
  - o Jen Murphy
  - o Jenny Allen or Verna Gordon
- Counselors
  - o Anya
  - o Liv
  - o Ashley

# Little Cubs Summer Camp

## Parent Information

---

Summer 2025

### DAILY SCHEDULE\*

- **8:30 AM** - Drop Off AT THE PLAYGROUND PARKING LOT, unless it's raining, in which case drop off will be at the Community Services building front entrance.
- **8:45 - 9:30 AM** - Groups will alternate swim lessons Monday - Thursday. Swim lessons START at 8:45, so please arrive on time.
- **8:45 AM** - Morning Fun (Playground, Games, Sprinkler, Water Table, Baseball, Waffle Blocks, building with various manipulatives, etc.)
- **9:45 AM** - Bathroom, Wash Hands, Snack
- **10:15 AM** - More Morning Fun (Playground, Games, Sprinkler, Water Table, Baseball, Waffle Blocks, building with various manipulatives, etc.)
- **11:00 AM** - Clean up and walk up to the classrooms (we are in the Cape Care classrooms located in the Community Services building for the afternoon)
- **11:15 PM** - Indoor Play (in classrooms or gym)
- **Noon** - Bathroom, Wash Hands, Lunch, and Rest
  - Rest is simply a time for campers to relax their bodies on a mat and transition to the afternoon. They do not have to sleep (most of them won't, while many of the three-year-olds will). Please do not send in anything for the rest, as it is too much for us to manage (pillows, blankets, stuffed animals, etc.)
- **1:00 PM** - Afternoon Fun (Indoor Play, Gym, Arts and Crafts, Games, Stories, Play Dough, Yoga, etc.)
- **2:30 PM** - Clean Up, Bathroom, Wash Hands, Pack Up
- **2:50 PM** - Pick up AT THE TOP OF THE HILL HIGH SCHOOL PARKING LOT (near the baseball/field hockey fields). There will be a sign.

\*Please note that this schedule is subject to adjustments should the teachers feel it is necessary.

# Little Cubs Summer Camp

## Parent Information

Summer 2025

### PICK UP/DROP OFF

DROP OFF/PICK UP	WEATHER	LOCATION
Morning Drop Off (8:30 AM)	Not Raining	Playground
Afternoon Pick up (2:50 PM)	Not Raining	High School Parking Lot
Morning Drop Off (8:30 AM)	Rain	Community Center Front Entrance
Afternoon Pick up (2:50 PM)	Rain	Community Center Front Entrance



**Drop off at 8:30 AM | Playground Parking Lot:** Turn into the High School entrance off of Rt. 77, drive down and take a right, then a quick left down the hill (the high school will now be on your left), and you will see the parking lot on your right, across from the tennis courts and turf field. A Lead Counselor will come down at (but not before) 8:30 AM to check campers in. Please do not arrive before 8:30, as we are busy setting up and getting ready for the day, and wait at the orange cones in a line. Lead Counselors need to check campers in as they arrive.



Please let me know if your camper will miss a day of camp, be arriving late, or need to be picked up early.



Please say your goodbyes before the orange cones. The traffic cones are a wonderful visual transition tool that helps kids transition from drop off to camp, and it hinges on parents not passing them 😊 It can be very confusing and upsetting to other campers if some parents stay longer than others, which is why we use the orange cone as a visual. We truly appreciate your cooperation with this!

# Little Cubs Summer Camp Parent Information

Summer 2025



**Pick up at 2:50 PM | High School Parking Lot at the top of the Hill:**

Instead of turning into the Community Services building parking lot, continue past the entrance, take a right and then a quick left; the parking lot is on your right (near the high school baseball and field hockey fields). Please park your car in a parking space, and a counselor will walk your camper to you.

- If you are picking up siblings from Adventure Camp, please pick up your Little Cub Camper **FIRST** (at 2:50 PM) and then drive into the Pond Cove/Middle School entrance on Scott Dyer Road to pick up your older camper.
- If you are late picking up your camper, they will be brought to After Camp Care, and you will need to pick them up at the playground.



If your child is registered for **After Camp Care**, please pick them up at the playground or Community Services building (their location depends on what time you come).

- Little Cubs After Camp Care kids will be walked to the playground at 2:40 PM by a counselor.
- Please email [Kelly Phinney](#) if you'd like to add your child to Early or After Camp Care.

# Little Cubs Summer Camp

## Parent Information

---

Summer 2025

### CAMPERS SHOULD ARRIVE DAILY WITH THE FOLLOWING

#### € PLEASE PUT YOUR CAMPER'S NAME ON THEIR THINGS.

#### € Backpack

€ Labeled, full kid-sized water bottle (kid-sized water bottles with a straw are ideal; including ice is a great idea!)

#### € Please put sunscreen on your child before they come to camp.

#### € Food

- **Morning Snack** (please pack this separately so it is clear to your camper what is snack and what is lunch)
- **Lunch**
  - We encourage you to send healthy snacks and lunches and to limit treats (please do not send in candy).

#### € Clothing:

- We will be outside every day unless it is raining. Campers should come prepared with:
  - **Sneakers**- please do not send campers in Crocs or open-toed sandals. Kids routinely get hurt and/or complain about wood chips.
  - **Sweatshirt** or light layer (we live in Maine, so just in case 😊)
  - **Bathing Suit and Towel**: Please send a bathing suit and towel every day. We have the sprinkler and water tables as an option daily.
  - **Extra Set of Clothes** (shirt, shorts/dress, underwear, socks)
  - **Optional Items**: Hat, sunscreen, bug spray, goggles for swim lessons.

# Little Cubs Summer Camp

## Parent Information

---

Summer 2025

### SWIM LESSONS



On your camper's designated Swim Day:

1. Please send your camper wearing their bathing suit under their clothes (this is hugely helpful to us). We have swim lessons at 8:45 AM, so please be prompt in arriving at camp.
2. Pack them a separate Swim Bag WITH THEIR NAME ON IT:
  - Towel
  - Underwear
  - Wet Bathing Suit Bag (this can be a Ziplock or plastic bag and is optional, but super helpful)
  - Goggles (optional)
3. Each group will have swim lessons twice a week (8:45 - 9:30 AM):
  - **Mondays & Wednesdays:** Miss Ellen and Miss Jen's Groups will go together
  - **Tuesdays & Thursdays:** Miss Jenney or Miss Verna's Group (youngest campers)
4. Please note:
  - If your child does not come to camp on their swim day or is late for their lesson, there is no make-up. We are not able to substitute campers into other groups on alternative days.
  - **If you arrive late on your camper's swim day, you will need to bring your camper to the pool to join their group.** The counselors on the playground are watching their groups and cannot leave to bring your camper to the pool.
  - If your camper does not want to swim, they will still need to go into the pool area with their group, and they can sit in a chair on the side during the lesson.

# Little Cubs Summer Camp Parent Information

---

Summer 2025

## SICKNESS POLICY

- Please keep your camper home if they are not feeling well and/or have any symptoms that prevent them from comfortably making it through their camp day.
- Please keep your camper home if they have had a fever, thrown up, or had diarrhea in the past 24 hours.

## TOILET TRAINING POLICY

- Campers must be FULLY potty trained to attend camp.
- Campers cannot attend camp in a pull-up. We do not have the staffing to handle campers who are not fully potty trained.

## CONTACT INFORMATION

- Cape Elizabeth Community Services  
343 Ocean House Rd  
Cape Elizabeth, ME 04107  
Phone: (207) 799-2868
- Kelly Phinney, Summer Camp Coordinator: [Kelly Phinney](#)
  - o For questions or concerns regarding the following:
    - Adding/Dropping Camp Weeks (there is a long waitlist for each week, and campers will be offered open spots in the order they appear on the list).
    - Adding/Dropping Early/After Camp Care.

We appreciate your support in making this a wonderful summer.

The Little Cubs Staff

