



Community Services is proud to offer Cape Elizabeth Boys Basketball programming for the upcoming 2024-2025 season. Below is the breakdown for each grade.

Please contact us at 207-799-2868 with any questions.

My son is in 3rd or 4th grade.....

3/4 Travel Basketball (One team):

- Late November through January
- Practice twice a week and up to two games each weekend (Greater Portland area)
- For experienced players - The league is competitive and requires prior playing experience in league and game formats as well as higher expectation of attendance.
- 10 players on one team - Assessments will be held by High School Coaches. Players who do not make the travel team will have the option to participate in the Saturday AM Skills program in December and January, as well as the House League in February and March (see below).

Sign up here:

https://anc.apm.activecommunities.com/cecommunityservices/activity/search/detail/11096?onlineSiteId=0&from_original_cui=true

3/4 Saturday Morning Skills and Games:

- Saturday mornings in December and January at the CEHS gym
- Program is focused on skills, development, and working in small sided game formats
- Led by professional instructors and assisted by CEHS Boys Varsity players
- Perfect for players who are newer to basketball or who haven't played in formal league and competitive environments.
- All players (including travel) are welcome and highly encouraged to participate in this program

Sign up here:

https://anc.apm.activecommunities.com/cecommunityservices/activity/search/detail/11095?onlineSiteId=0&from_original_cui=true

3/4 House League Basketball (One league):

- February and March
- Practices 1-2 times per week with games on Sunday afternoons.
- All 3/4 players in Cape are encouraged to play.
- This league will consist of practices during the week and games on Sundays.
- We will have games on televised YouTube, end of season awards, championship/tournament, and a fun competitive environment.

Sign up here:

https://anc.apm.activecommunities.com/cecommunityservices/activity/search/detail/11122?onlineSiteId=0&from_original_cui=true



My son is in 5th or 6th grade.....

5th Grade Travel Basketball (One team):

- Late November through January
- Practices twice a week with up to two games each weekend (Greater Portland area)
- For experienced players - The league is competitive and requires prior playing experience in league and game formats, as well as higher expectation of attendance.
- 10 players on one team - Assessments will be held by High School Coaches. Players who do not make the travel team will have the option to participate in the Saturday AM Skills program in December and January, as well as the House League in February and March (see below).

Sign up here:

https://anc.apm.activecommunities.com/cecommunityservices/activity/search/detail/11097?onlineSiteId=0&from_original_cui=true

6th Grade Travel Basketball (One team):

- Late November through January
- Practices twice a week with up to two games each weekend (Greater Portland area).
- For experienced players - The league is competitive and requires prior playing experience in league and game formats, as well as higher expectation of attendance.
- 10 players on one team - Assessments will be held by High School coaches. Players who do not make the travel team will have the option to participate in the Saturday AM Skills program in December and January, as well as the House League in February and March (see below).

Sign up here:

https://anc.apm.activecommunities.com/cecommunityservices/activity/search/detail/11098?onlineSiteId=0&from_original_cui=true

5/6 Saturday Morning Skills and Games:

- Practices each Saturday morning in December and January at the CEHS gym.
- Program is focused on skills, development, and working in small sided game formats.
- Led by professional instructors and assisted by CEHS Boys Varsity players.
- Perfect for players who are newer to basketball or who haven't played in a formal league and competitive environments.
- All players (including Travel) are welcome and encouraged to participate in this program.

Sign up here: Coming Soon

5/6 House League Season Basketball (One league):

- February and March
- Practices 1-2 times per week with games on Sunday afternoons.
- All 5/6 players are encouraged to play.
- We will have games televised on YouTube, end of season awards, championships, and a fun competitive environment.

Sign up here:

https://anc.apm.activecommunities.com/cecommunityservices/activity/search/detail/11123?onlineSiteId=0&from_original_cui=true



My son is in 7th or 8th grade.....

7th Grade Travel Basketball (One team):

- Late November through January
- Practices twice a week with up to two games each weekend (Greater Portland area).
- For experienced players - The league is competitive and requires prior playing experience in league and game formats, as well as higher expectation of attendance.
- 10 players on one team - Assessments will be held by High School coaches. Players who do not make the travel team will have the option of playing in the 7/8 Rec League (see below).

Sign up here:

https://anc.apm.activecommunities.com/cecommunityservices/activity/search/detail/11099?onlineSiteId=0&from_original_cui=true

8th Grade Travel Basketball (One team):

- Late November through January
- Practices twice a week with up to two games each weekend (Greater Portland area).
- For experienced players - The league is competitive and requires prior playing experience in league and game formats, as well as higher expectation of attendance.
- 10 players on one team - Assessments will be held by High School coaches. Players who do not make the travel team will have the option of playing in the 7/8 Rec League (see below).

Sign up here:

https://anc.apm.activecommunities.com/cecommunityservices/activity/search/detail/11100?onlineSiteId=0&from_original_cui=true

7/8 Rec Basketball League (One team):

- January and February
- Less competitive and is only for those players who are NOT playing travel.
- Games are Tuesday nights in South Portland at SPCC or at Redbank gym.
- Maximum of 12 players for this team.

Sign up here: (Registration Deadline: November 20)

https://anc.apm.activecommunities.com/cecommunityservices/activity/search/detail/11104?onlineSiteId=0&from_original_cui=true

