

## SOUNDS BY THE SEA SUMMER CONCERT SERIES Mondays July 10 - August 14 Starting at 6:00 pm PACK THE PANTRY FOOD DRIVE!

Feed your soul and your neighbors in need by making a donation to support the South Portland Food Cupboard and Judy's Pantry. Cash donations are also appreciated.

## **PANTRY REQUESTS**

## SOUTH PORTLAND FOOD CUPBOARD

Grape and Apple Jelly
Canned Tuna Fish and Chicken
Chicken Noodle Soup
Cereals (Lite-Non-Sugar) Cheerios, Corn
Flakes, Rice Crispies, Shredded Wheat
Baking Goods
Gluten Free Goods
Ketchup, Mayo, Relish
Bathroom and Tissue Papers
Mac and Cheese

## **JUDY'S PANTRY**

Low Sugar Cereals
Pasta Sauce
Rice
Baked Beans
Canned Veggies
Canned Fruit
Hearty Soups
Granola Bars
Bathroom Tissue

Look for the South Portland Food Cupboard van in the vicinity of the performance locations to drop off your donations.

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