SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	5:30 - 6:45 am	5:30 - 7:00 am	5:30 - 6:45 am	5:30 - 7:00 am	5:30 - 6:45 am	
6:00 - 10:00 am	Masters	Lap Swim (4)	Masters	Lap Swim (4)	Masters	
Lap Swim (6)		Bluefish (2)		Bluefish (2)		
	C-45 0-00		C:45 0:00 -:::		C:45 0:00	6:30 0:00
40.00	6:45 - 8:00 am	7.00 0.00	6:45 - 8:00 am	7.00 0.00	6:45 - 8:00 am	6:30 - 9:00 am
10:00 am - Noon	Lap Swim (6)	7:00 - 9:00 am	Lap Swim (6)	7:00 - 9:00 am	Lap Swim (6)	Bluefish (6)
Lap Swim (3)	8:00 - 9:00 am	Lap Swim (6)	8:00 - 9:00 am	Lap Swim (6)	8:00 - 9:00 am	
	Water Works (6)		Water Works (6)		Water Works (6)	
10:00 - 11:00 am	9:00 - 10:00 am	9:00 - 10:00 am	9:00 - 10:00 am	9:00 - 10:00 am	9:00 - 10:00 am	9:00 - 11:30 am
Pace, Race, Chase (3)	Senior Swim (6)	Senior Swim (6)	Senior Swim (6)	Senior Swim (6)	Senior Swim (6)	Swim Lessons (6)
	10:00 - 11:30 am	10:00 - 11:30 am	10:00 - 11:30 am	10:00 am - Noon	10:00 - 11:30 am	
11:00 am - Noon	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	Lap Swim (4)	
Pace, Race, Chase (3)	Open Swim (2)	Open Swim (2)	Open Swim (2)	Swim Lessons (2)	Open Swim (2)	
Noon - 1:00 pm		11:30 am - 1:00 pm	11:30 am - 2:30 pm		11:30 am - 12:30 pm	11:30 am - 1:15 pm
Open Swim (6)	Noon - 2:30 pm	Lap Swim (6)	Lap Swim (6)	Noon - 2:30 pm	Pace, Race, Chase (3)	Lap Swim (6)
Open on mi (o)	Lap Swim (6)	1:00 - 2:00 pm	Lap Swiii (0)	Lap Swim (6)	Lap Swim (3)	2ap 311 (0)
	Σαρ στι (σ,	·		249 511111 (6)	24p 311111 (3)	
1:15 - 2:15 pm		Pace, Race, Chase (3) Lap Swim (3)				
Rental		2:00 - 2:30 pm		1	12:30 - 2:30 pm	1:30 - 2:30 pm
		Lap Swim (6)	2:30 - 5:30 pm		Lap Swim (6)	Open Swim
2:15 - 3:15 pm	1		CEHS			w/ inflatable
Open Swim						
w/ inflatable	2:30 - 5:30 pm	2:30 - 5:30 pm	5:30 – 6:30 pm	2:30 - 5:30 pm	2:30 - 9:00 pm	2:45 - 3:45pm
	CEHS	CEHS	Lap Swim (4-6)	CEHS	CEHS	Rental
3:30 - 5:30 pm						3:45 - 4:45 pm
Lap Swim (4-6)	5:30 – 6:30 pm	5:30 - 6:30 pm	Adult Lessons	5:30 - 6:30 pm		Rental
CECS Diving (2)	Lap Swim (6)	Lap Swim (3)	5:45 - 6:30 pm (2)	Lap Swim (3)		5:00 - 6:00 pm
5:30 - 7:00 pm		Coast Endurance (3)		Coast Endurance (3)]	Open Swim (6)
3.30 - 7.00 pill	6:30 - 8:00 pm	6:30 - 8:00 pm	6:30 - 8:00 pm	6:30 - 8:00 pm		
Water Polo	Bluefish	Bluefish	Bluefish	Bluefish		
	8:00 - 9:30 pm	8:00 - 9:30 pm	8:00 - 9:30 pm	8:00 - 9:30 pm		
	Scarborough High	Scarborough High	Scarborough High	Scarborough High		
	Jean Dorough High	Jean borough ringh	Jean Borough High	Jean Dorough High		

THE HOT TUB IS ONLY OPEN DURING LAP SWIM, SENIOR SWIM, AND OPEN SWIM.
VISIT WWW.CAPEECOMMUNITYSERVICES.ORG FOR SCHEDULE UPDATES DURING HOLIDAYS AND SCHOOL VACATIONS.